

SEE AND SUPPORT CHILDREN OF INCARCERATED PARENTS THIS OCTOBER

SEE US, SUPPORT US (SUSU) creates a community for and raises awareness about children of incarcerated parents, highlighting our voices, strengths and needs. This year we focus on ensuring children have access to their incarcerated parents which supports our healing and well-being.

2026

See Us,
Support Us

Ensuring
Access
to Our
Incarcerated
Parents

Launched in 2015 by Osborne Association, SUSU is led by a national partnership of young people, advocates and service providers.



CHILDREN OF INCARCERATED PARENTS'

BILL OF RIGHTS

I HAVE THE RIGHT...

**TO SPEAK WITH,
SEE, AND TOUCH
MY PARENT.**

The Bill of Rights includes 8 rights vital to young people affected by parental incarceration.

1 in 14
children

experience parental
incarceration.



Follow SUSU month this October to:

- ▶ Hear tips from young people about how to see and support them.
- ▶ Advocate for family-friendly visiting practices in prisons and jails.
- ▶ Connect with resources for families, providers, and educators.

If you've experienced parental incarceration, follow SUSU to:

- ▶ Tap into podcasts, art, and advice from young people. You are not alone!
- ▶ Gain tips for preparing to speak with and visit an incarcerated parent.
- ▶ Access resources to support you before, during, and after a parent's incarceration.
- ▶ Enter the SUSU Art contest at bit.ly/SUSU_Art



SUSU-OSBORNE.ORG

Find resources, community, and calls to action.

To learn more, please contact **Allison Hollihan** at ahollihan@osborneny.org